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**NEWS RELEASE
March 14, 2008
2008 EXPLORATION UNDERWAY**

Sego Resources reports that the 2008 Exploration Program is now underway. The company has now started a 3200 metre excavator trenching program on its Miner Mountain Project. The trenching and reclamation is being managed by the Upper Similkameen Indian Band and its highly qualified personnel. Mapping and sampling is being conducted by Sean Daly, P.Geo. and Curt Kauss and consulting is being provided by Vic Preto, Ph.D., P.Eng. The program involves the deepening of numerous old bulldozer trenches, mapping and sampling. The trenching to date, currently in what has been known as the Granby Zone, has reached mineralized bedrock not reached by the past trenching in two of three trenches. The first trench did not reach bedrock. The trenches will be reclaimed as they are completed.

The Miner Mountain Project is a Porphyry Copper Gold Palladium Project near Princeton, BC in the Traditional Territory of the Upper Similkameen Indian Band. Sego has an MOU with the Upper Similkameen Band. The Miner Mountain property is 2400 hectares in size. Due to limited snowfall and low elevation this property is accessible for work year round. Sego Resources has funding in place for a one million dollar exploration program in 2008. (Note News Release dated January 2, 2008)

This news release has been reviewed and approved by Vic Preto, Ph.D, P.Eng., an independent qualified person as defined by NI43-101.

J. Paul Stevenson, CEO
Sego Resources Inc.

"No regulatory authority has approved or disapproved the information contained in this news release. This release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statement of historical facts, that address future production, reserve potential, exploration drilling, exploitation activities and events or developments that the Company expects are forward-looking statements. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, statements are not guarantees of future performance and actual results or developments may differ materially from the forward-looking statements. Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, exploitation and exploration successes, continued availability of capital and financing, general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements."